

Small school. Big impact.



crosslakekids.org

**Crosslake Community School
CoronaVirus COVID-19 Resource Guide**

Centers For Disease Control and Prevention

[COVID - 19 Talking with Children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children](#)

[Keeping Workplaces and Homes Safe Consideration for School Closures](#)

[When and How to Wash Your Hands](#)

[Handwashing Videos](#)

Johns Hopkins CoronaVirus Resource Center

<https://coronavirus.jhu.edu/map.html>

Minnesota Department of Health

[Strategies to Slow the Spread of COVID-19 in Minnesota](#)

For Families, Caregivers and Teachers

[Talking with Children: Tips for Caregivers, Parents and Teachers During Infectious Disease](#)

[Outbreaks](#) by Substance Abuse and Mental Health Services Administration

[Talking with Children about Coronavirus Disease 2019: Messages for parents, school staff, and others working with children](#) by Centers for Disease Control

[Talking to Kids about the Coronavirus](#) by Child Mind Institute

[Talking to Children about COVID -19: A Parent Resource](#) by National Association of School Psychologists

[COVID - 19 Planning and Checklist for Parents and Families](#) by American Federation of Teachers

[How to talk to your kids about Coronavirus](#) by Nancy Kislin, LCSW, MFT, Child and Adolescent Psychotherapist

Minnesota Department of Education

[Questions and Answers on Providing Services to Children with Disabilities During the COVID-19 Outbreak](#)

[Fact Sheet: Impact of COVID-19 on Assessments and Accountability under the Elementary and Secondary Education Act \(March 12, 2020\)](#)

[A Letter to Education Leaders on Preventing and Addressing potential discrimination associated with COVID-19](#) by the Office of Civil Rights.

Mental Health and Stress Management Resources

Crisis Line

24 hour crisis support and suicide prevention.....218.828.4357
.....OR (800) 462-5525

[Coping with Stress During Infectious Disease Outbreaks](#)

[Taking Care of Your Mental Health in the Face of Uncertainty](#)

[Tips for taking in rapidly changing news](#)--when it feels overwhelming

[Meditation apps for kids and families](#)--De-stress together

Health Care and Insurance

Individuals and families that qualify for the Children’s Health Insurance Program (CHIP) or Medicaid can enroll at any time of the year, and there are enrollment options online, by phone, by mail or in person. For more information visit insurekidsnow.gov or healthcare.gov

The Centers for Medicare and Medicaid Services has provided the following fact sheets on payment for medically necessary medical services related to COVID-19:

[Coverage and Payment Related to COVID-19: Medicare](#)

[Individual and Small Group Market Insurance Coverage](#)

Internet Access

Insert spectrum offer

Food/Meal Resources **THESE NUMBERS SHOULD BE VERIFIED**

SNAP Food Support Program (formerly Food Stamps).....(218) 824-1250
Ruby’s Pantry www.rubyspantry.org 1115 Wright Street, Brainerd.....(320)629-7400
Care ‘N Share Café (Emily Wesleyan Church).....(218) 763-4376
Sharing Bread Soup Kitchen, Brainerd.....(218) 829-4203
LSS Meals on Wheels (Pequot, Nisswa, Pine River, Breezy).....(218) 587-2921

Fare for All www.fareforall.org. Cooperative Food Purchasing programs that buy high quality, nutritious foods in bulk to reduce prices for participants. Groceries are pre-boxed and purchased as packages. Accepts cash, debit, credit and EBT. Nearest locations:

Aitkin.....218.549.3158
Crosby.....218.546.6523

Food Shelves

Crosslake(218) 692-1004
Cuyuna Crosby(218) 763-3784
Emily(218) 763-3097
..... or (218) 763-3663
Lakes Area (Nisswa/Pequot/Breezy/Lakeshore).....(218) 568-8474

General

Social Service Agencies

Aitkin County(218) 927-3744
Cass County.....(218) 547-1340

Crow Wing County.....(218) 824-1140
Toll Free(888) 772-8211

Bridges of Hope

Serves children and families with a focus on connecting people with resources based on their particular needs. <http://www.bridgesofhopemn.net> 218.825.7682 OR 888.750.7682

- *Alcohol and Drug Treatment *Healthcare *Childcare- Safe, no cost, short-term *Housing
- *Counseling *Legal Services *Disabilities *Marriage *Domestic Violence *Mentoring
- *Employment *Pregnancy *Family *Transportation *Grief

Bridge to Benefits

Bridgetobenefits.org Bridge to Benefits is a multi-state project by Children’s Defense Fund-Minnesota to improve the well-being of families and individuals by linking them to public work support programs and tax credits. Use the free, confidential and easy to use online eligibility screening tool.

